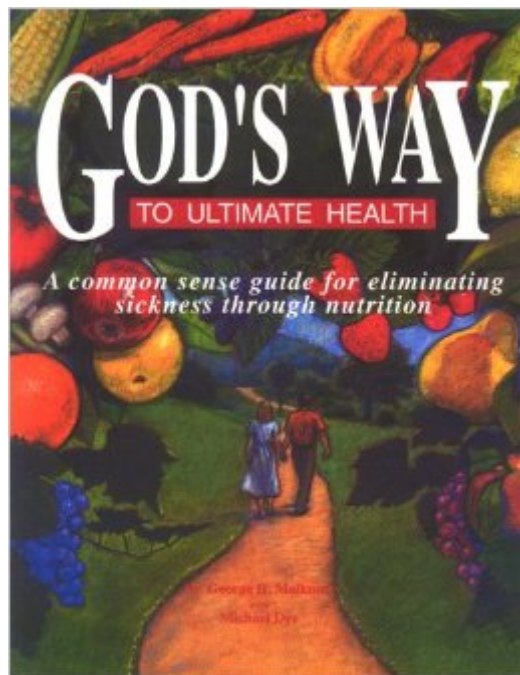


The book was found

# God's Way To Ultimate Health: A Common Sense Guide For Eliminating Sickness Through Nutrition



## Synopsis

God's Way to Ultimate Health offers a powerful and timely reminder of the diet God originally provided for mankind, and shows how far we have strayed from God's plan. This book shows how we can regain our health simply by returning to the diet and lifestyle God originally planned for us. God's Way to Ultimate Health teaches health from a Biblical perspective.

## Book Information

Paperback: 279 pages

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Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (101 customer reviews)

Best Sellers Rank: #29,619 in Books (See Top 100 in Books) #20 inÂ Books > Reference >

Encyclopedias & Subject Guides > Religion #51 inÂ Books > Textbooks > Humanities > Religious

Studies > Christianity #53 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss >

Vegetarian

## Customer Reviews

I am familiar with this book and read it at the invitation of my Father who had cancer and eventually went on to be an elite Health Minister with Hallelujah Acres. My concerns with regard to this book are not with a vegan diet which I understand and observe many to be on and to do just fine. My concerns are with the philosophy and teachings underpinning the book and how it is used to profit the author and the organization of Hallelujah Acres which seeks not just to have you change your diet, but to buy their products. The entire premise of this book theologically is based upon George Malkmus' interpretation of Gen 1:29 which he takes to mean that God created mankind to eat only fruits and vegetables. Based upon this interpretation, which is not accepted by a majority of Biblical Scholars, Malkmus suggests that meat entered the human diet after the Noah's Flood. While he does not suggest necessarily that eating meat itself is sinful, he does strongly push the idea that this was God's original plan for diet and therefore anyone seeking to eat optimally should consider this as the first choice. He goes further to teach that illness is caused and/or escalated by what he deems the Standard American Diet (conveniently acronymed as SAD for emphasis.) Chief culprits

are any and all meat products, dairy products and then sugar, flour, salt. It would be one thing if he left it here and invited you to join him with his diet plan. He doesn't however.

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